**Physical and Health Education – MYP Year 1**

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| **Level** | **Criterion A:**  **Knowing and Understanding** | **Criterion B:**  **Planning for Performance** | **Criterion C:**  Applying **and Performing** | **Criterion D:**  **Reflecting and Improving Performance** |
| **0** | The student does not reach a standard described by any of the descriptors below | The student does not reach a standard described by any of the descriptors below | The student does not reach a standard described by any of the descriptors below | The student does not reach a standard described by any of the descriptors below |
| **1-2** | The student: | The student: | The student: | The student: |
| i. **recalls some** physical health education factual, procedural, and conceptual knowledge | i. **states** plans for improving health or physical activity | i. **recalls some** skills and techniques | i. **states** a strategy to enhance interpersonal skills |
| ii. **identifies** physical and health education knowledge to **outline** issues | ii. **states** the effectiveness of a plan | ii. **recalls some** strategies and movement concepts | ii. **states** a goal to enhance performance |
| iii. **recalls** physical and health terminology | iii. **applies** information to perform with limited success | iii. **describes** performance |
| **3-4** | The student: | The student: | The student: | The student: |
| i. **recalls** physical health education factual, procedural, and conceptual knowledge | i. **outlines a basic** plan for improving health or physical activity | i. **recalls** skills and techniques | i. **lists** strategy to enhance interpersonal skills |
| ii. **identifies** physical and health education knowledge to **outline** issues **and suggest** solutions to problems set in familiar situations | ii. **states** the effectiveness of a plan **based on the outcome** | ii. **recalls** strategies and movement concepts | ii. **states** a goal and **applies** strategies to enhance performance |
| iii. **Applies** physical and health terminology to communicate understanding **with limited success** | iii. **applies** information to perform | iii. **summarizes** performance |
| **5-6** | The student: | The student: | The student: | The student: |
| i. **states** physical health education factual, procedural, and conceptual knowledge | i. **outlines** aplan for improving health or physical activity | i. **recalls** and **applies** skills and techniques | i. **identifies** strategies to enhance interpersonal skills |
| ii. **identifies** physical and health education knowledge to **outline** issues and **solve** problems set in familiar situations | ii. **identifies** the effectiveness of a plan **based on the outcome** | ii. **recalls and applies** strategies and movement concepts | ii. **lists** goals and **applies** strategies to enhance performance |
| iii. **applies** physical and health terminology to communicate understanding | iii. **applies** information to perform **effectively** | iii. **outlines** and **summarizes** performance |
| **7-8** | The student: | The student: | The student: | The student: |
| i. **outlines** physical health education factual, procedural, and conceptual knowledge | i. **constructs** and **outlines** aplan for improving health or physical activity | i. **recalls** and **applies a range** of skills and techniques | i. **identifies** and **demonstrates** strategies to enhance interpersonal skills |
| ii. **identifies** physical and health education knowledge to **outline** issues **describe** issues **and solve** problems set in familiar situations | ii. **describes** the effectiveness of a plan **based on the outcome** | ii. **recalls** and **applies a range** of strategies and movement concepts | ii. **identifies** goals and **applies** strategies to enhance performance |
| iii. **applies** physical and health terminology **consistently** to communicate understanding | iii. **recalls** and **applies** information to perform **effectively** | iii. **describes** and **summarizes performance** |